



## MAGDALEN COURT SCHOOL OUTDOOR EDUCATION SCHEME OF WORK. 2023

**DATES OF SUMMER TERM... 05/06/23 - 03/07/23 (5 WEEKS)**

**THEME – Water Sports, Paddlesport qualifications and DofE**

Date w/c	Visit Location i	Learning Aim/Objectives (Numbered)
<b>5 June</b>	River Dart, Spitchwick Common TOILETS - <u>Newbridge</u>	<b>Building water confidence.</b> 1.Expectations/Intro to SOW 2.Objectives for each year group and individual pupils. 3.Locations explained 4.Take part in first activity – Wild Swimming... Spitchwick.
<b>12 June</b>  <b>Mon &amp; Tue. Year 9's only</b>	<b>Yr9's - Canoe Practice trip (Yr9's only)</b> Exeter Canal & River Toilets – Quayside and Haven Banks OEC	<b>Canoeing practice day DofE</b> 1. Canal Trip from Exeter Quay 2.Basics of Canoeing & Kayaking. Try a boat. 3. Rescues and helping others. 4.Games with Aims.
<b>12 June</b>	<b>All other year groups</b> River Dart, Spitchwick Common TOILETS - <u>Newbridge</u>	<b>All other year groups</b> 1.Mega SUP skills 2. Team games 3. Low level jumping in from bank.

<b>19th June</b>  <b>Mon &amp; Tue. Year 9's only</b>	<b>Yr9's - Canoe EXPED (Yr9's only)</b> Tiverton Canal to Sampford Peverell. Toilets – Tiverton Canal Basin and Sampford Peverell	<b>Canoe Exped for Yr 9's</b> 1. DoFE Bronze expedition (2days) 2. Cook a meal 3. Set up a camp 4. Navigation 5. Teamwork
<b>19 June</b>	<b>All other year groups</b> Ness Cove – Teignmouth. TOILETS – Nr Tourist Info	<b>Developing Sea confidence</b> 1. Objectives for the day 2. Safety Kit talk 2. Swimming from the beach
<b>26 June</b>	Ansteys Cove – Torquay TOILETS – Nr Beach Cafe	<b>SUP'ing activities</b> 1. Basics of SUP & Safety. 2. Short trip out from the cove 3. Rescues and helping each other. 4. Games with Aims
<b>3 July</b>	Hopes Nose – Torquay TOILETS – Stop in Babbacombe	<b>Beach Day to celebrate end of term.</b> 1. Swimming 2. Rockpooling 3. Wildlife spotting 4. Certificate presentation.
	<b>SUMMER HOLIDAYS- Monday 10<sup>th</sup> July - Thursday 7<sup>th</sup> September 2023</b>	