

W E E K L Y

# NEWSLETTER

**MAGDALEN**  
COURT SCHOOL



## SUMMER TERM 1 – WEEK 1

### Parent's Evening

Thank you to all who attended Parent's Evening this week - we do hope that Parents & Carers found it useful. The progress reviews that were discussed during the meetings have now all been sent home - please contact your class teacher if you have not received this.

### Exeter College Trip

On Wednesday, three of our learners were welcomed by Exeter College for an Experience Day. Grace accompanied these learners, who were given the opportunity to tour the college, take part in creative activities and even enjoy a buffet lunch made by the catering students. Thank you to Alex for organising the trip and well done to the learners for being fantastic representatives of the school!

### PAFOM Competition

PAFOM have an exciting new competition running! Find out all the details on their flyer at the end of this newsletter.

## Headteacher's Award



This week's Headteacher's Award is given to Izak, for displaying amazing resilience on Outdoor Education. You can see his brilliant kayak skills in the photo above! Izak was also Star of the Week for Beech class after being unanimously nominated by the members of Beech class. What an achievement!

## Stars of the Week!



Oak - Delilah  
Larch - Isabel  
Beech - Izak  
Holly - Ruby  
Elm - Junior  
Hazel & Ash - Will

## Beech Poetry

In our last newsletter, we included some brilliant stories written by the learners in Beech class. This week, it's time for some poetry! This poem was written by an anonymous learner during a creative writing lesson where the class were encouraged to produce their own pieces, without any restrictions on theme or topic. This is a great example of some of the work that the learners produced!

### The end

Mountain's old lined with snow  
Ghastly shrieks of the coal black crow  
Deep down where the wind does not blow  
There are monsters below

The old one, lord loss his name  
Lord of terror, sorrows, pain  
Everything burns, eternal flame  
Then the cycle starts again

meteors slice rips in the sky  
Drawing looks as they pass by  
The old man shouts the end is nigh  
Lightning strikes and people die

Clouds are thick, large the storm  
Hurricanes roar and tornadoes form  
Earthquakes rumble like an atom bomb  
And they help the cycle move along

The infinite circle starts to bend  
Now people see death as their friend  
Apocalyptic things we can't comprehend  
The cycle's at its bitter end

## Lunches

Unfortunately, we are not able to heat lunches for learners. Therefore, please ensure that your learner is sent to school with lunch that can be eaten cold, such as sandwiches.



## Outdoor Education

This week, our learners have been visiting the new Forest School site! They will continue to visit the site over the next few weeks, building it up and making sure it is ready for all our future trips. The learners have been sawing wood to build a shelter and they even found a newt - a protected animal! They will be continuing to visit the new site throughout this term.



## Congratulations Junior!

A big well done to Junior in Elm class, who spent his Easter holidays working on his Darts skills - taking part in a 6 hour Darts marathon to raise money for charity! He has also qualified for the U16s Doubles and will be travelling to Reading to compete later in the year. This is a fantastic achievement, well done!

## Sports in the local community

A big thank you to Emma, who has put together this really handy list of local sports clubs! Exercise has so many benefits, both physical and mental - as well as being a really great way to meet people and make new friends! The list will also be available on the website soon - take a look and see if there is a sport you'd like to try!

LOCAL SPORTS CLUBS					
Sport	Club Name	Age range	Days of Club	Times of Club	Website or contact info.
Hockey	Exe Hockey Club	4-14 Years	Monday (Exmouth) Tuesday (Exeter St Peter's)	5.15-6.15pm 6-7pm	Exe Hockey Club Email Jill: Dupain@hotmail.co.uk
Hockey	East Devon Hockey Club	5-14 years	Thursday (St Peter's)	6-7pm	Juniors, dates, information and welfare - East Devon Hockey Club (edhc.co.uk) David Haines 07989512004
Athletics	Exeter Harriers	8-18 years	Tuesday Thursday	6.30-7.30pm	exeterharriers.org.uk
Football	Exeter Central	8-14 years	Please contact for more information	Please contact for more information	centralfc.co.uk/Home
Dance	Committed Dance	Primary sessions Secondary sessions	Tuesday (Woodbury) Wednesday (West Exe Sch) Thursday (ISCASchool)	3.45-4.30pm 6-7pm 7-8pm 6-7pm 7-8pm	www.committedclothingcompany.co.uk/collections/dance
Park Run	Park Run and Junior Park Run	Anyone (Juniors Park Run under 14 years )	Park Run - Saturday 5km Junior Park Run Sunday - 2km	9am	www.parkrun.org.uk
Gymnastics	Honiton Gymnastics Club Exeter Gymnastics Club	Boys & Girls, Baby & Toddler, Adult and Competitive Sessions	Daily	Various timings dependent on group and location	Honiton Gymnastics - (honitongymclub.org) Exeter Gymnastics Club - (exeterygymclub.org.uk)
Netball	Cowick Cats Sidmouth Netball Club Exmouth Netball Club	Variety of teams	Tuesday (West Exe School) Tuesday	6-7pm	www.cowickcats.co.uk sidmouthnetball.co.uk For Exmouth - please visit the facebook group
Cricket	Exeter Cricket Club	6-18 years	Various	Various	exeter.play-cricket.com/home
Rugby	Exeter Saracens Topsham Rugby Club	6-18 years	Sunday	Please contact for more information	exetersaracensrfc.org.uk www.topshamrugby.co.uk
Swimming	Swim Devon	All ages	Various	Various	swim-devon.co.uk

## Swimming

We are really excited to offer swimming this term as part of PE lessons for the following classes: **Oak, Elm, Beech, Larch and Holly**

We will be using Exeter University swimming pool based at St Lukes Campus, which is only a short walk away. On the days your child is swimming, please could you send them in with their swimming costume, towel and goggles. They are very welcome to wear a swimming hat or rash vest, but this is not compulsory. If they have ear plugs for swimming, please make sure they can put them in themselves or let myself or Grace know if they need help. If your child is worried about swimming or is not confident in the water let me know and hopefully, we can help. Grace and I are both level 2 swimming instructors and will split each class into two groups to match each pupils learning. We are also able to teach in the water to help any worries. There will also be a pool lifeguard on duty for our session.

Class	Swimming day	Dates
Oak	Thursday	27th April 4th, 11th, 18th, 25th, May 7th and 15th June
Larch	Wednesday	26th April, 10th, 17th, 24th May 7th and 14th June. <b>*please note, no swimming 3rd May.</b>
Beech	Wednesday	26th April, 10th, 17th, 24th May 7th and 14th June. <b>*please note, no swimming 3rd May.</b>
Elm	Thursday	27th April 4th, 11th, 18th, 25th, May 7th and 15th June
Holly	Wednesday	26th April, 10th, 17th, 24TH May 7th and 14th June. <b>*please note, no swimming 3rd May.</b>

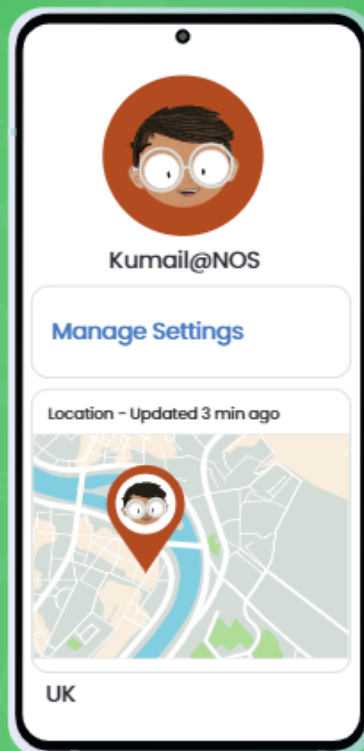
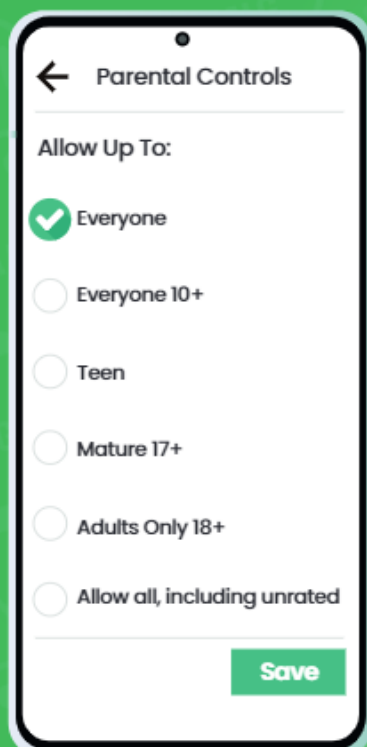
## Safeguarding

This week, we have become aware of learners accessing inappropriate materials on home devices and bringing those materials into school. We have discussed with the learners that this is not appropriate and would be grateful if these conversations could also be had at home. Additionally, we would advise all families to check their level of security on all home devices (including phones) and ensure that learners are sufficiently protected. On the following pages, we have attached two guides that provide useful information for both iPhone and Android devices.



# How to Set up PARENTAL CONTROLS to limit age-inappropriate CONTENT Android Phone

The settings on an Android device allow you to prescribe certain rules for when your child is using it. For example, you can block specific types of content to reduce the risk of your child being exposed to age-inappropriate material (music with explicit lyrics, for instance, and games, TV shows or movies that are unsuitable for young people). There are two ways to access parental controls on an Android phone: through Google Play or via the Google Family Link app. You can also lock your changes behind a PIN, so your child (or anyone else) can't change them back.



## Set up parental controls with Google Family Link

- 1 On your phone, install Google Family Link for Parents
- 2 Tap Open and review the information
- 3 Tap Get Started
- 4 Tap Next to set up your child's device
- 5 On your child's phone, download Google Family Link for Children & Teens and enter the Family Link setup code provided
- 6 On your phone, open the Family Link app
- 7 Tap your child's name
- 8 Tap Manage Settings
- 9 Tap Controls on Google Play
- 10 Tap the content you would like to restrict
- 11 Choose how to filter or restrict access

## Set up parental controls with Google Play

- 1 Open the Play Store app
- 2 Tap Menu (represented by three horizontal lines)
- 3 Tap Settings
- 4 Tap Parental Controls
- 4 Enable Parental Controls
- 4 Create Pin
- 4 Tap the content you would like to restrict
- 4 Choose how to filter or restrict access

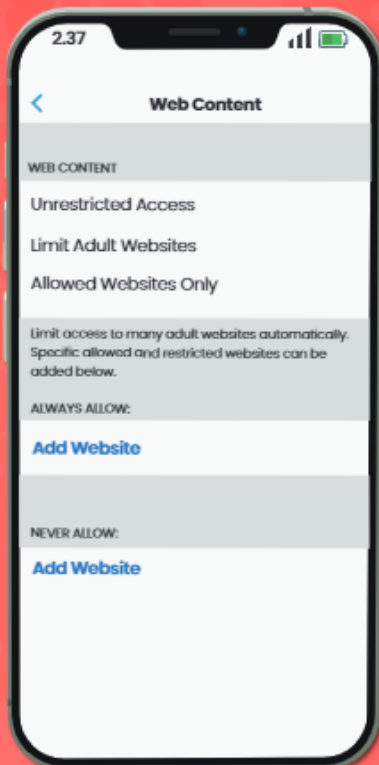
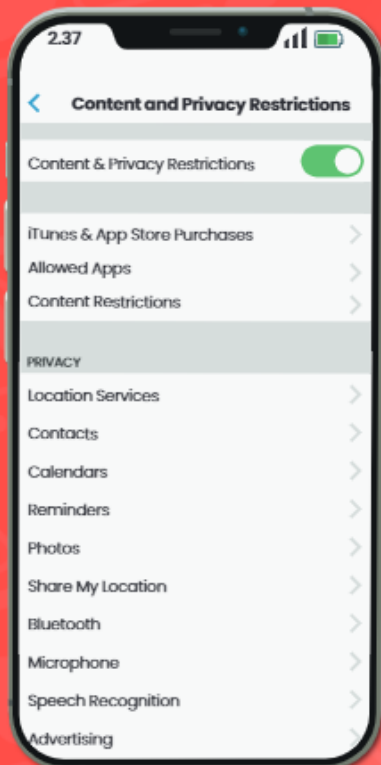




# How to Set up PARENTAL CONTROLS to limit age-inappropriate CONTENT iPhone



The parental controls on iPhones allow you to block or restrict certain apps, features, content, downloads, or purchases. Setting limitations on content ratings, Siri and web searches enables you to filter out age-inappropriate content and vastly reduce the likelihood of your children being exposed to unsuitable material and information.



## 18+ Set up content rating restrictions

Content filters keep your child from viewing unsuitable material. They block apps, films and TV shows with specific age ratings, and music and podcasts with explicit content.

- 1 Open Settings
- 2 Tap Screen Time
- 3 Enable Content & Privacy Restrictions
- 4 Tap Content Restrictions
- 5 Choose the Settings for each feature you wish to restrict



## Set up web restrictions

Website content filters restrict age-inappropriate content on Safari. You can also blacklist certain websites or allow access only to approved sites.

- 1 Open Settings
- 2 Tap Screen Time
- 3 Tap Content & Privacy Restrictions
- 4 Tap Content Restrictions
- 4 Tap Web Content
- 5 Choose between Unrestricted Access, Limit Adult Websites and Allowed Websites Only
- 7 Choose which websites you wish to allow/block



## Set up Siri web search restrictions

You can screen out explicit language to avoid Siri displaying inappropriate results. You could also disable Siri entirely, so your child can't use it to search the web.

- 1 Open Settings
- 2 Tap Screen Time
- 3 Tap Content & Privacy Restrictions
- 4 Tap Content Restrictions
- 5 Scroll Down to Siri
- 6 Choose to block either or both Web Search Content and Explicit Language



# PAFOM NEED A LOGO!

Now that our school has a brand-new website  
– PAFOM need a brand-new logo!

Things to consider for your design:

- Be creative and innovative, you can design using pen and paper, digitally, or crafting in 1d, 2d or 3d!
- **IMPORTANT:** the logo needs to help people understand what PAFOM is all about....Just to help you PAFOM began as a group of parents and carers coming together to enhance the school experience, we meet regularly to plan and run events raising money for school and providing a platform for parents and carers to meet and discuss everything to do with school. So far we have great success with our Jubilee and Christmas parties and look out soon for our Coronation party too.
- This is a logo for PAFOM, not school.

## THE PRIZE

A £30 Waterstones gift voucher – you  
can buy books, games, stationery,  
gifts – it's up to you.....



The small print...

1. This competition is open to all children enrolled at Magdalen Court School.
2. You can submit as many entries as you like- be sure to include your name and class on all of them.
3. Entries can be crafted, hand drawn or computer designed.
4. Closing date 9am Friday 27 April – send to [pafomgroup@gmail.com](mailto:pafomgroup@gmail.com) or hand into the school office – you name and class need to be included.
5. The winner will be announced at our Coronation Party. Entries received after the closing date will not be accepted.
6. The winning logo will be used by PAFOM for the foreseeable future after the competition winner is announced.
7. The competition will be judged by PAFOM in conjunction with school leaders.
8. Closing date 9am Friday 27 April – Better get designing!