


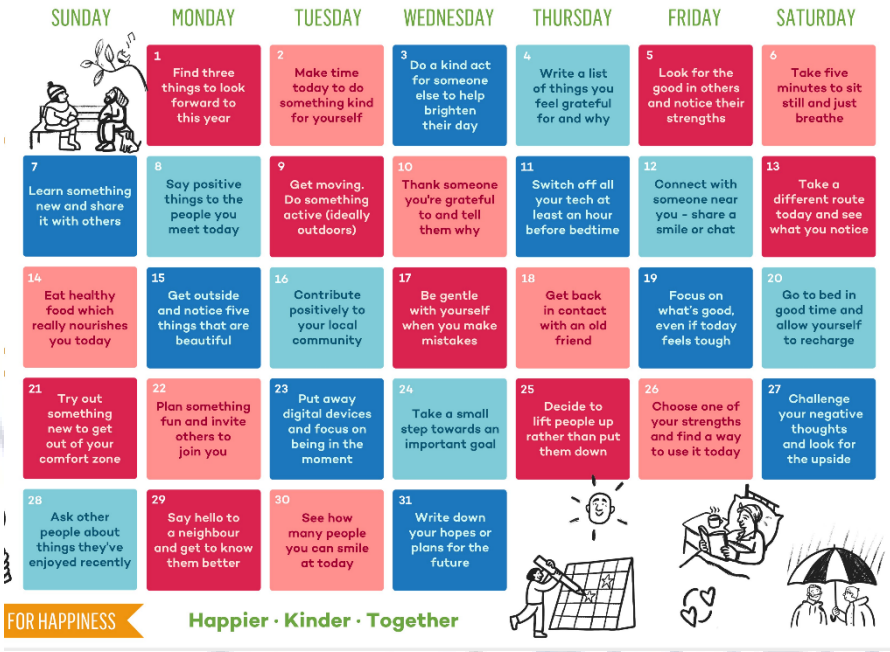












# Court Schools Longterm Overview: Personal Development

Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
School Values						
	Respect	Resilience	Health	Happiness	Kindness	Independence
Key Dates	October Black History Month Young Minds - wear yellow mental health National Fitness Day World Mental Health Week Hate Crime Awareness Recycling Week	Bonfire Night Armistice Day Remembrance Day World Kindness Day Children in Need Fundraising for PD Anti-Bullying Week Friendship Day Road Safety Week International Volunteer Day	Children's Mental Health week Safer internet day International Women's Day Chinese New Year Random Acts of Kindness Day Ramadan Begins	Earth Day World Day for Cultural Diversity, Dialogue & Development	Pride Month World Environment Day	Plastic Free July
Mental Health and Wellbeing(Who le School Approach) EH4MH 10-a-day Kindness Calendar Happier Kinder Together   Action for Happiness	   <p style="text-align: center;"> <a href="https://www.normalmagic.co.uk/">https://www.normalmagic.co.uk/</a>  <a href="https://happymaps.co.uk/">https://happymaps.co.uk/</a> </p>					

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Happier Kinder Together | Action for Happiness

School Values	Respect	Resilience	Health	Happiness	Kindness	Independence
PSHE Themes	Relationships	Health & Wellbeing	Health & Wellbeing	Relationships	Living in the wider world	Living in the wider world
Skills builder		 			 	
	<p><b>Teamwork</b> – Listening and responding to one person at a time move to develop their listening in different contexts and use information or ideas they have heard in their own responses. analysis of why a speaker is engaging, being able to explain why they have made particular language or presentational choices. Engage critically with the content of what a speaker has said.</p>	<p><b>Listening</b> – Being able to recognise simple emotions and suggest why people feel these. To keep trying when things go wrong. Identify the positives in difficult situations. <b>Problem Solving</b> - The advantages of risk taking and knowing when it may be appropriate to take a risk. managing your emotions in challenging contexts and choosing positive action</p>	<p><b>Creativity</b> – Speaking clearly and logically, to communicate their ideas. make appropriate language choices, considering their audience and why they are presenting. Create engaging presentations adapting their presentations for their audience. Developing their own personal presentational style how to make this effective in different contexts. Why we work in teams being an effective team member being a supportive and</p>	<p><b>Adapting</b> – Making an effort. Why it is important to make an effort. Goal planning and setting goals and how to achieve them reflecting and using feedback from others to support achievement of their goals. To create long-term goals and track effectively how they are moving towards them. Being empathetic describe your own feelings and those of others.</p>	<p><b>Leadership</b> – be able to explain a simple problem recognise when they may need help. using strategies to solve simple problems. <b>Planning</b> – Being able to identify complex problems and break them down before suggesting a range of possible solutions using different processes to solve complex problems evaluate the approaches they have developed to solve problems.</p>	<p><b>Speaking</b> – The first stage is about learners recognise and use your imagination to express yourself use their imagination to develop new ideas using guidance or existing ideas. Be able to explain how creativity is useful to help in different areas of life. Using different strategies for creativity, both when working alone and in groups to evaluate different strategies for creativity and reflect on what works well for them.</p>

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	critically evaluate the success of a speaker across different contexts.		inclusive team member understanding and managing team dynamics to help avoid negative conflict. Evaluating team performance to help make improvements.	Making decisions and ensuring tasks are completed. Being able to identify the strengths and interests of the team motivating your team different leadership styles, their strengths and limitations.		
	<a href="https://hub.skillsbuilder.org/start/">https://hub.skillsbuilder.org/start/</a>					
<b>Interoception Curriculum</b>	<b>Section 1 Body</b>	<b>Section 1 Body</b>	<b>Section 1 Body Section 2 Emotions</b>	<b>Section 2 Emotions</b>	<b>Section 2 Emotions</b>	<b>Section 2 Emotions</b>
<b>LKS2A</b>	Preparing a Simple Snack LC1035 WTE1	Going Shopping LC: 1230 WTE1 Making decorations for a special event LC1821 WTE1	Personal Hygiene LC1234 WTE1	Growing three different types of house plants LC 5648 E1	Participate in growing and cooking foods LC2019 WTE1	Road Skills 1 LC 1482 WTE1
<b>LKS2B</b>	Cooking for Myself LC1228 WTE1	Shopping Skills LC2167 E1 Making seasonal art and decorations LC 4155 E1	Personal Care and Hygiene LC 2185 E1	Community Inclusion: Recycling LC5346 E1	Caring and Growing Plants from Seeds LC 5797 E1	Road Safety: Cyclists LC 1380 L1
<b>UKS2A</b>	Making a Sandwich LC 3389 E1	Going Shopping LC: 1890 E1 Making items using air dry clay LC 4755 E2	Personal Appearance and Hygiene LC 4777 E3	Road Safety Awareness LC 5382 E2	Growing a kitchen garden LC5435 E2	Using Transport LC1237 WTE1 Using Public Transport LC 4918 E1
<b>UKS2B</b>	Making a hot drink LC1869 E1	Everyday Food and Drink Preparation LC: 2323 E2 Learning Basic Sewing Skills LC 1123 E2	Road Safety - Skills as a pedestrian LC4356 E2	Creating a Basic map LC 1609 E1	Using Goole Maps LC6279 E2	Using a bus LC; 2088 E1
<b>Year 7</b>	Cooking on a Budget LC 1683 L1	Preparing a cooked breakfast LC 3921 E3	Using a bus LC: 2089 E3	Bicycle Maintenance LC 1368 L1	Reading Local Maps LC: 1615 L1	Road Safety - Pedestrians LC1381 L1

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		Completing an enterprise Project LC 1041 E3				
<b>Year 8</b>	Cooking a healthy Meal on a Budget  LC 7159  L1	Contributing to the planning and delivery of a fundraising event LC 5191 L1  Growing plants for commercial use LC5404 L1	Visiting a Museum LC 7802 L1	Design and Make a Product to Sell LC 6337 L1	Map reading, creating and navigating skills LC8563: L1	General Barista Skills LC 6718 L1
<b>Year 9 Bronze</b>	Module 1 Communication M1A2 M1A5 M1A7 M6A6	Module 2 My Community M2B3	Module 11 Expressive Arts M6A1 M6A4 M6A6 M6A9	Module 5 My Environment M5B2	Module 10 The Wider World M10B1	Module 4 Independent Living M4A3 M4A5 M4A6 M4A7
<b>Year 10 Silver</b>	Module 7 Health and Wellbeing M7A2 M7A4 M7A5 M7A6	Module 1 Communication M1B4 M1A3	Module 9 Science and Technology M9B3	Module 4 Independent Living M4B3	Module 6 Number Handling M6A2 M6A3 M6A5 M6A7	Module 2 My Community M2B3
<b>Year 11 &amp; Post 16 A Gold</b>	Module 6 Number Handling M6B4	Module 8 My Environment M5B3	Module 10 The Wider World M10B5	Module 7 Health and Wellbeing M7B1 B1: Food Safety & Hygiene (Educare Level 2)	Module 11 Expressive Arts M11A2 M11A3 M11A7 M11A8	Module 9 Science and Technology M9B6
<b>Year 11 &amp; Post 16 B Gold</b>	Module 9 Science and Technology M9A7 M9A8	Module 12 Beliefs & Values M12B5	Module 9 Science & Technology M9A9 M9A1	Module 2 My Community M2A1 M2A3 M2A4 M2A5	Module 2 My Community M2B4	Module 1 Communication M1B5