



## AUTUMN 2 – WEEK 1

### Welcome back!

We've been busy over the half term break creating a new toilet area, painting and refreshing various areas of school.

Unfortunately we've seen some of these damaged already - please note that any deliberate damage to school property will be billed to learners and their parents/carers.

We hope you all had a fun and restful break and we are looking forward to sharing lots of good moments as things get increasingly festive heading towards December!

### Joke of the week

Benji: 'how do you help a pirate who's having a heart attack?'  
-give him CPRRRRRR

### Dates for the diary

Coffee morning - Juniper class - 28th November

Visit to Pantomime - Cinderella at Exeter Northcott Theatre - 10th & 13th December (more info to follow!)

## Headteacher's Award



This week the Headteacher's Award goes to  
**Birch Class**  
for settling well in spite of disruption

## Lost property

If you recognise either of these items, please send your learner to collect them from the school office!



Don't forget to complete the medical & consents online form:

<https://forms.office.com/e/fxcQzJjf7Q>

or scan the QR code below. If you have any issues filling it out or need a paper copy, contact the school office.



## Outdoor Ed

All parents should have received information about Outdoor Ed activities - please let the office know if you did not get this.

You can also find the Autumn Term plan at: <https://www.magdalencourt.org/page/?title=Outdoor+Education&pid=62>

## Sports Clubs

We've received information about various clubs made accessible to children with SEND needs locally - please see links below for cricket clubs, and to book Comets football for 5-11s at 5pm on Tuesdays in Exeter. If you'd like further information, please contact the school office.

<http://www.devoncricket.co.uk/super1s>

<https://www.devoncricket.co.uk/page.php?cat=116>

<https://book.EnglandFootball.com/Comets/clystvalleyyouth0/Summary/9bee7758-3eef-4a3b-b100-ac1bb50e35c9>

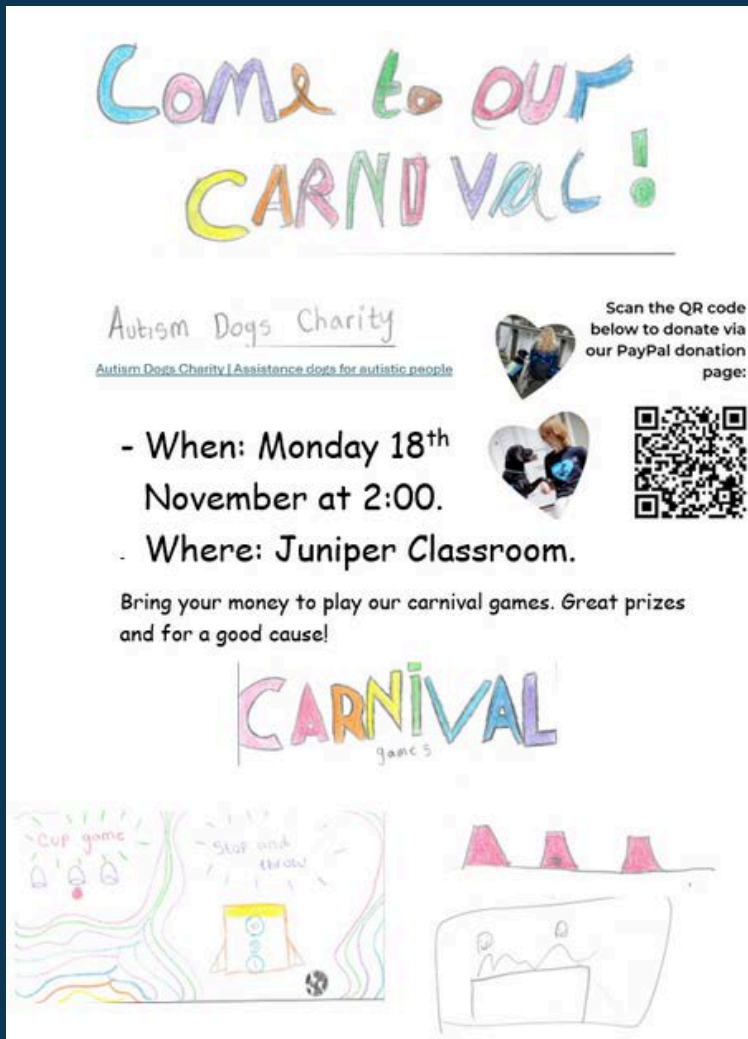
## Christmas shop

If your child has created a Christmas design you will have received an email from school and hopefully they have brought home an example of their work with their unique code, enabling you to order from a range of gifts like these!

If you can't find their card or need help finding their code, please contact the school office.

All orders must be placed by **Weds 13th November!**





## Fundraising Carnival

Juniper class would like to invite staff and learners to their carnival games raising money for autism support dogs.

They've designed a very colourful poster and even included a QR code for everyone to donate if they can't make it or forget their cash - great job Juniper class!

## THE FOREST

The wind was blowing, the moon light shining on the light grass, the trees blow in the wind, and the wolf's hunt in the dark.

A man runs from a fox with a bite in his hand, he runs as fast as his two legs can go, the man runs into a river, he lost it, "thank god" he whisper to himself.

He gets out and looks for fire wood after a excruciatingly cold 20 minutes, he pulls out a flint and steel starting a fire with one brush and it burst into flames, he falls asleep by the fire as it crackles in to the night.

He wakes up in a startle when a raven screeches on the top of it's lungs, the man tosses a rock at the bird but misses it as bird flies away "god!" the rock flies back at him in the head "ow!"

After five hour of walking endlessly, sweat dripping down his face, a shed appears .

**Thanks to Jack in Birch class for this brilliant piece of writing!**



**Our Values**  
**Stars of the Week**

Respect  
&  
**Resilience**

Health  
&  
Happiness

Kindness  
&  
Independence

The value this term is **resilience** and we've seen some great examples of this quality in school this week.

**Aspen**

Mala-ann for tackling challenges with a smile

**Larch**

Lukas for persisting with learning tasks

**Olive**

Cameron for being a good friend and having a positive attitude

**Elm**

Dainton for his efforts in making good choices & working hard

**Juniper**

Chloe for settling in well to her new setting

**Oak**

Oscar for his work addressing fine motor skills

**Lime**

Callan for showing resilience with his studies and completing additional homework

**Maple**

Kai for remaining calm and mature in challenging circumstances

**Beech**

Jacob for trying his best to make right choices and persevering

**Holly**

Aaron for being ready and prepared for school, and settling well

**Ash**

Leo for showing great resilience to change with courage

**Hazel**

Thomas for accessing shared spaces despite finding this challenging

We've had a very good start to the term in Food Tech with learners starting new themes: pastries, breads, cakes and bakes. Learners in Oak class made some delightful spring rolls, practicing knife skills preparing vegetables and handling filo pastry. Beech class have made festive spiced fruit soda bread and re-capped units of measurement, what a great recipe to introduce some bread making skills. Learners in Juniper made a classic short crust cheese and tomato tart, I was seriously impressed with their pastry making skills already, well done. Hazel and Maple classes made spinach and salmon filo parcels, served with simmered broccoli and baked tomatoes. Year 11 and post-16 learners are making cakes and bakes this term, this week learners made mini-Victoria sponge cakes with a whipped cream and jam filling, simply stunning, well done everyone!

Next week Larch class will be introduced to more bread making skills when they prepare soda bread rolls. Birch class will be practicing the rubbing in method to make cheese straws. Ash class will be making the vegetable spring rolls. Oak class will be making a shortcrust pastry using the food processors to make veggie cheese 'sausage rolls'. Aspen and Elm class will make a festive spiced fruit soda loaf with lots of yummy fruit and spices. Beech class will be making iced finger buns, using a fast active dried yeast to make their rolls and preparing some coloured icing to make their work unique and pop with colour. Olive class will be making the spinach and salmon filo parcels with simmered broccoli. Aspen, Hazel and Maple classes will be making a flaky pastry sausage roll recipe with some personalised adaptations, choosing their own additional ingredients to complement the sausage meat. Learners in Holly and Lime will continue with developing cake baking skills when making chocolate and beetroot muffins.



# AUTUMN 2 - WEEK 2



## MONDAY

**Outdoor Education**  
Birch & Larch

**Food Tech**  
Elm & Aspen  
Spiced soda bread rolls  
Ash  
Spring rolls  
Alley House  
Savoury tart

## TUESDAY

**Outdoor Education**  
Beech, Oak & Ash

**Food Tech**  
Larch  
Soda bread rolls  
Olive  
Salmon & spinach filo  
parcel  
Birch  
Cheese straws

## WEDNESDAY

**Outdoor Education**  
Elm, Aspen & Juniper

**Food Tech**  
Oak  
Veggie cheese rolls  
Holly  
Chocolate & beetroot  
muffins  
Hazel  
Sausage rolls

## THURSDAY

**Outdoor Education**  
Hazel & Maple

**Food Tech**  
Lime  
Chocolate & beetroot muffins  
Juniper  
Sausage rolls

## FRIDAY

**Outdoor Education**  
Lime, Holly & Olive

**Food Tech**  
Beech  
Iced finger buns  
Maple  
Flaky pastry sausage rolls

## Safeguarding

This week's focus is on choosing respect, ahead of next week's 'anti-bullying week'. On the next page you'll find a guide with helpful information and tips for parents and carers to encourage your children to 'choose respect'.

If you would like any support with any of our safeguarding topics, please reach out to Jane.

# 10 Top Tips for Parents and Educators ENCOURAGING CHILDREN TO CHOOSE RESPECT

Sometimes, differences between children can escalate into bullying, potentially impacting their mental health in a way that can persist into adulthood. While it's natural to disagree sometimes, teaching children the importance of respect is essential – especially in difficult situations. This guide provides strategies for encouraging considerate behaviour, even during a dispute, to foster a kinder, more inclusive environment for everyone.

## 1 LEAD BY EXAMPLE

As adults, we play a crucial role in modelling respectful behaviour for children: they observe and learn from our actions every day. Be mindful of the way you interact with others in front of children. Keep in mind that you should always approach others with an attitude of mutual respect, even if you disagree with them. Demonstrating this behaviour can influence young people and help them to handle their own conflicts in a healthy way.

## 2 AGREE TO DISAGREE

Make sure children know that it's fine to have differing opinions – and that disagreeing with someone doesn't mean you can't get along or respect each other's point of view. Help them understand that sometimes we can agree to disagree. Using active listening skills when doing this can also help to build empathy and understanding of others.

## 3 PROMOTE ACTIVE LISTENING

Teach children about the importance of active listening: that is, making a genuine effort to listen to the other person's perspective without interrupting, before responding in a way that shows you understand their viewpoint, even (or perhaps especially) if you disagree with it. This makes people feel respected and allows for a better comprehension of their point of view, which in turn can make it easier for you to communicate your own opinions to them.

## 4 ENCOURAGE THE USE OF "I" STATEMENTS

If a child finds themselves in a disagreement with someone, it can be useful to encourage them to use "I" statements during the discussion. Framing their thoughts and feelings using statements like "I feel ..." or "I think ..." can help them avoid an accusatory tone and encourages them to take responsibility for their own emotions.

## 5 FOCUS ON BEHAVIOUR, NOT CHARACTER

When disagreements happen, encourage children to focus on critiquing and addressing the specific actions or behaviours that caused this upset, rather than attacking the person's character. For example, "I didn't like how you interrupted me" is better than "You're so rude". This can help children avoid hurting someone's feelings, which is likely to inflame the situation.

## 6 STAY CALM AND TAKE BREAKS

It's perfectly normal to feel upset during a disagreement – especially if it's getting heated. Remind children that if they feel overwhelmed, they should try to take deep breaths or even go for a short break to help them stay composed. If a conversation becomes too intense, remind them it's OK to suggest continuing it later or in a different setting. This can prevent things getting out of hand, allowing cooler heads to prevail.

## 7 START CONVERSATIONS ABOUT RESPECT

Talk openly to children about what respect means – to you and to them. Discuss how they might show respect to each other, to friends, to strangers and even to people we might disagree with. You could use examples of considerate or inconsiderate behaviour in books, films or TV to open discussions about the importance of giving others due regard.

## 8 SEEK COMMON GROUND

When a disagreement has occurred between children, they may find it hard to move past it. You can support them in finding a more positive way forward by helping identify areas of agreement or common ground with the other party. This can help to build bridges between differing opinions and foster a more cooperative atmosphere, as well as preventing those involved from demanding each other.

## 9 AVOID MAKING THINGS PERSONAL

It's important that we make it clear to children they must avoid name-calling, swearing or derogatory remarks in a disagreement with others. Respectful language sets a positive tone and helps keep the conversation productive. Reminding children to stay calm and take breaks – as mentioned previously – can help them avoid getting too emotional and saying or doing something hurtful.

## 10 REFLECT AND LEARN

After a child has had a disagreement, encourage them to reflect on the experience and think about what they can learn from it. What did they handle well? How might they improve their communication skills to handle conflicts more effectively in the future? You could use role play, writing and drawing pictures, or hypothetical examples to further develop their skills in showing respect during a disagreement.

## Meet Our Expert

The Anti-Bullying Alliance (ABA) co-ordinate Anti-Bullying Week each year. ABA is a unique coalition of organisations and individuals, working together to achieve their vision to stop bullying and create safer environments in which children and young people can live, grow, play and learn. They welcome membership from any organisation or individual that supports this vision and support a free network of thousands of schools and colleges.

