

END OF YEAR NEWSLETTER

MAGDALEN
COURT SCHOOL



SUMMER TERM 2 – WEEK 5

Holiday clubs - A message from Dean

Hi All,

I just wanted to touch base to ensure you were all aware and had some information regarding options for Holiday clubs. Despite my best efforts to acquire places for us here at Magdalen Court, Devon County have cut back and restricted the criteria for funding for the Summer this year. Therefore, there will be no holidays available this time around. There is option for me to apply again for clubs for Christmas, Easter and Summer of the next academic year. Please see below a link to available ed activity camps locally. There are funded and subsidised places at the venues listed. When you contact Shear Soccer, please do mention my name as I will be involved in the programme over the summer holiday period.

Any questions please do get in contact.
Have a great summer.

Dean
www.shearsoccer.co.uk

New term

The new term will commence on Thursday 7th September.

Car Washing!

A big well done to Lewis, who has been washing staff cars recently to raise money for PAFOM. He has worked so hard and raised over £30 through donations!

Headteacher's Award



This week's Headteacher's Award is given to Lexie for the huge amount of progress made in participating in school life.

Stars of the Week!



Beech - The whole class!
Holly - Harrison
Elm - Rosie
Hazel - Grace
Ash - Zac
Lime - Isaac

Message from Rowena

Dear Magdalen Court School Community,

What a year it has been! It feels like time has flown past since we started in September and the learners should be very proud of all they have achieved in that time.

We've had countless Outdoor Education days, two whole school trips to the Pantomime and Plymouth Aquarium and plenty of delicious meals cooked in Food Tech lessons.

We've also had lots of change - lots of new teachers, a whole new logo and many new ways of doing things. Despite all of this, the learners have coped brilliantly and proven to us every day just how capable they are!

As we look ahead to the new school year, it's important that we don't forget all the achievements from the past year. Many of our learners achieved their Bronze Duke of Edinburgh, we saw some fantastic sporting performances on Sports Day and we can't forget all the vital First Aid training that the learners did earlier in the year. Our older learners have also spent the last few months studying for their exams and we are so proud for how they have handled the pressure. This will provide great experience for whatever they move on to next. Congratulations to those who have already received their results and good luck to those who will receive results in the summer holidays. As well as those successes, we are also incredibly proud of the individual progress that each learner has made, as they have repeatedly pushed themselves out of their comfort zone. Well done to everyone!

Thank you to all our staff who have worked incredibly hard this year and to PAFOM for their continued support and fantastic work! We have lots of exciting plans for the next school year, as we continue on our school improvement journey and the school goes from strength to strength.

Have a lovely summer break - we look forward to seeing everyone in September!

Rowena

Goodbye & Good Luck!

With the end of the school year, it is time to say goodbye to some of our learners! We'd like to say a big thank you for all they have contributed to the school during their time at Magdalen Court and wish them all the luck in the future!

LEWIS

Lewis has been at Magdalen Court since 2019 and has achieved lots during his time here. He says that his dream job would be in the police!

HOLLY

Holly joined Magdalen Court School in 2021 and has been a wonderful role model and support for our younger learners. It's no wonder that she wants to pursue a career in childcare!

SYD

Syd has been a part of the school since 2020. He has wowed us with his knowledge of Ancient History and Science and will be studying at Exeter College from September.

REUBEN

Reuben joined Magdalen Court in 2019 and has kept us entertained ever since! He recently enjoyed some work experience at the Northcott Theatre and would like to pursue a career in Music.

RACHEL

Rachel started at Magdalen Court in 2020 and been wowing us with her amazing art skills since then. Rachel will be attending Exeter College.

DELILAH

Delilah joined the school in 2020 and has made brilliant progress during her time here! The thing that Delilah will miss the most is Abbie!

Good Luck everyone - keep in touch!

Goodbye & Good Luck!

It is also time to say goodbye to some of our staff members!



Robert has been supporting Hazel & Ash class, since November. After doing a brilliant job here, Robert is now moving on to pursue a PHD in History!



Anne is leaving us, after working at MCS since April 2018. Anne is retiring (again!) and looking forward to enjoying some lovely holidays!



Ryan has been a brilliant addition to our Maths and Science teams, as well as supporting Hazel & Ash class and invigilating exams. He has now been accepted into Teacher Training, well done Ryan!



Cerys re-joined the team this year, after spending some time with us last summer. Supporting Alex in Holly class, Cerys has been a wonderful support to both staff and learners. She is now off to London to study for her Masters in Special and Inclusive Education!



A big thank you to **Lucy**, who stepped in to support Beech earlier this year as the class teacher and who has done a wonderful job! She will now be focusing on setting up a Chiropractor and Wellness Centre.

Welcome!

From September, we will have some lovely new faces joining the team!



Tom

Tom will be joining us as the new Oak teacher, working alongside Holly.



Adele

Adele is joining us from Orchard Manor and will be taking on the role of Deputy Headteacher.



Gemma

Gemma will be joining us as a TA, supporting Hazel class.



Sarah

Sarah will be a HLTA, working in Elm class.



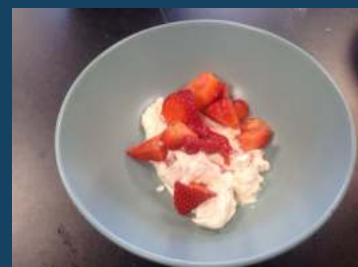
WELL DONE!

A big well done to one of our 2022 leavers, Lily! Lily left last summer and has been studying Health and Social Care at Exeter College. This week, Lily was invited to the Apprentice and Employer Awards, where she was awarded the Pre Apprentice of the Year!

This is a massive achievement and we are all very proud of Lily!

Food Tech

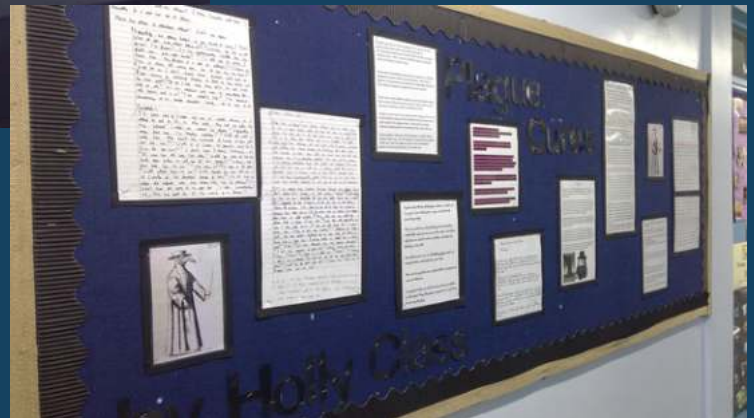
In Food Tech this week, Oak & Beech classes made oat and raisin cookies. Hazel & Ash completed some written work on their home made hummus task from last week before making a classic Eton Mess. Post 16 and year 11 learners made a sweet and sticky marinade for their pork tenderloin and vegetable kebabs. Year 9 classes Elm and Holly made a garlicky breaded chicken recipe where learners made their own breadcrumbs flavoured with garlic and rosemary, a delicious combination when pan fried. Our next theme for Autumn Term 1 will be breakfasts and brunch.



Plague Cures

The Plague studies have continued, with Holly class building their own masks - inspired by the Plague Doctors they have been reading about, as well creating balanced arguments about all the potential treatments they have researched. They have now made a fantastic display with their written work, which learners can find in the bottom corridor.

Despite end of term tiredness as well as adapting to a new class, the learners have produced some brilliant pieces of work - well done to Holly class!



Exams

Dear Parents,

As soon as possible on Thursday 24th August, examination results will be emailed to you. For School leavers, this results slip will be required by your College.

If you have any queries, for example your son/daughter feel that they would like to appeal their result, please email jbushrod@magdalencourt.org and we will help you with the procedure. The exam boards, not the School, will make a charge for the service.

Certificates normally arrive in October/November.

I do hope for the best! Good luck!

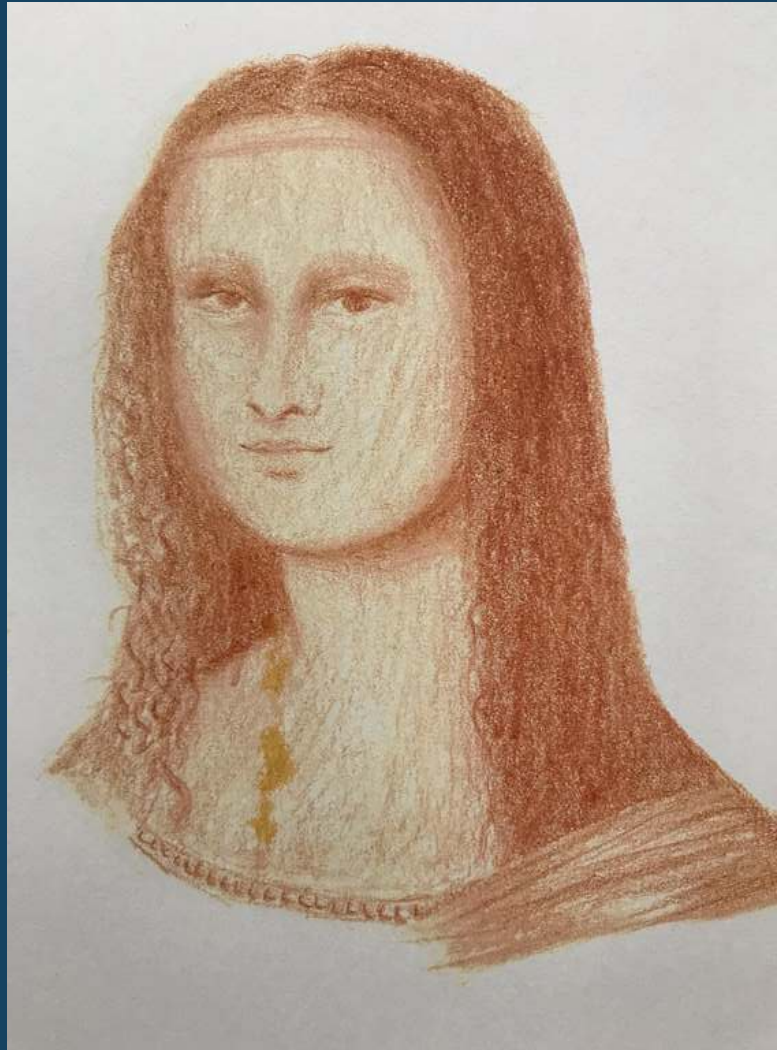
Jeremy Bushrod

Amazing art!



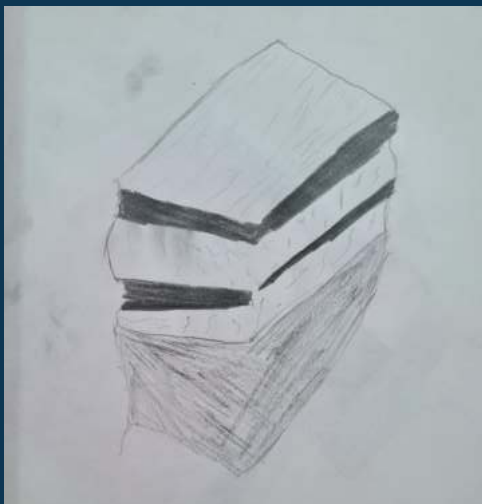
We have some incredible artists in the school and it's lovely to be able to share their work! Check out this amazing version of the Mona Lisa by Lexie.

We are so impressed!



GCSE Art

GCSE Art students have been using 'food' as a starting point to develop their observational drawing skills. This week our focus was drawing objects 'larger than life', exploring scale and perspective. Here are some of our liquorice sweets drawn on A4 paper.



WHAT HAS BEEN YOUR HIGHLIGHT?

MAGDALEN
COURT SCHOOL



Writing my Cowboy story - it was incredibly fun to work on and I really liked the result!

Izak

The drawing competition for designing the PAFOM logo, because I love drawing and the prize is really exciting!

George

Swimming on Outdoor Ed
Jack

Getting my GCSEs done!
Theo

Making my den on Outdoor Ed

Zac

Helping the students building dens on Outdoor Education

Jason

My highlight was the trip to the Pantomime - it was amazing to see the whole school community come together!

Grace P

Going to the pantomime - laughing because of the funny man!

Rosie

The Aquarium trip - I'd never been on a trip there before!

Neve

My trip to the South Devon railway
Isabel

My Class trip to the Cathedral
Jas

Pokemon club because I enjoy being with my friends

Thomas

A YEAR IN NUMBERS



2080 Cups of Tea

245 Stars of the week

168 Days of school

150 Milo walks

139 Outdoor Ed trips

35 Sessions of Pokemon Club

35 assemblies

22 newsletters

20 KS4/5 Exams

5 newly decorated classrooms

3 PAFOM Events

2 Whole School trips

2 Open Evening Events



1 EXCELLENT YEAR AT MAGDALEN COURT SCHOOL

Summer Sensory Survival - Tips for Boosting or Calming Energy Levels

Self-regulation is intertwined with how the body understands, manages and reacts to information from our senses – both about what is happening in our environment and what is happening within our own body. Dramatic changes to daily/weekly routines can be very dysregulating for both children and adults. With some forethought, you can plan how you will support yourself or your child from becoming overwhelmed and how to get energised to participate in activities. If it is your child that is becoming overwhelmed, remember that co-regulation is the start of self-regulation: you need to model the emotional state that your child needs to shift to.

Calming Activities:

- Use a weighted lap pad or backpack.
- Do heavy work like push-ups, pushing against a wall, or carrying something heavy.
- Chew gum, chewy food, or chewable items.
- Drink a thick drink, like a smoothie, through a straw.
- Try short calming yoga sessions or breathing exercises.
- Try the 5-4-3-2-1 grounding technique.
- Use a swing if you find that kind of motion soothing.
- Create a calming sensory space at home
- Save helpful apps to your phone or device, such as calming visual displays, breathing exercises, or yoga sessions.
- Create a calming playlist of music.

Activities to Feel More Alert or Energised:

- Dance to your favourite music – save a playlist of your favourite upbeat tracks.
- Get moving in an enjoyable way – riding a bike, bouncing on a trampoline, visiting a playground, or doing an obstacle course around the living room or garden.
- Eat crunchy food or drink a cold drink.
- Try stretching.
- Do upbeat exercises or follow short workout videos online.
- Top Tip Get outdoors! Depending on the activity you choose, e.g., walking or jogging, cycling or focusing on the natural environment, this can be calming or energising.



A YEAR AT MAGDALEN COURT

MAGDALEN
COURT SCHOOL



September

The school year began and there were lots of changes! Milo started coming in to help our learners!



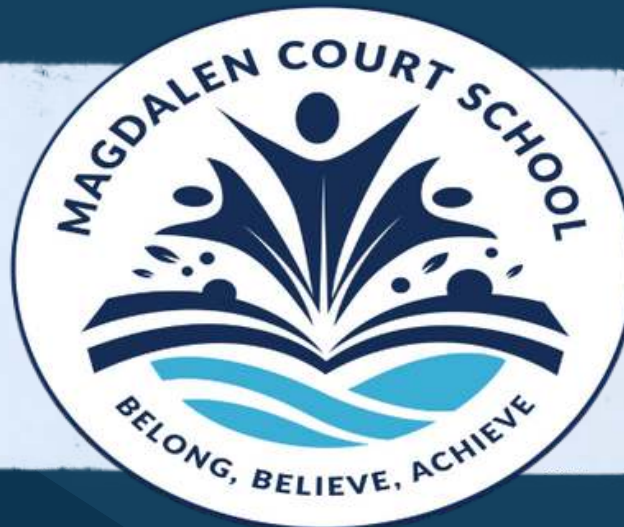
October

We tried out some fantastic sensory circuits and PAFOM organised a junk modelling competition!



December

We had a fantastic trip to the Pantomime, and PAFOM organised a wonderful Christmas Fayre!



November

OFSTED came to visit and our new school logo was designed!



January

The start of the spring term! Despite the wet and windy weather, our learners were out learning key first aid skills!



A YEAR AT MAGDALEN COURT

MAGDALEN
COURT SCHOOL



February

A busy month! Seth held a fantastic bake sale raising over £100 and Holly class visited the Gaia exhibition at Exeter Cathedral!



March

Our brand new library opened, full of exciting books to read! We also held our Meet & Greet evening, showing families of our learners around - some for the first time!



May

The weather improved, and Outdoor Ed started water sports!

PAFOM organised a fantastic Coronation Celebration and the Lab reopened for science lessons!



April

Work began on our new Forest School site! Learners built dens, cooked food and spotted local wildlife!

June

Sports Day! We held a fantastic day at Exeter Arena, with lots of new school records!



July

The end of term! We've said goodbye to some wonderful learners and staff and now it's time for the holidays! See you in September!



Online safety tips for parents & carers to KEEP CHILDREN SAFE ONLINE OVER SUMMER

School's out ... for summer! Yes, it's that time of the year again: around six weeks at home for ecstatic youngsters. For many young people, a bumper stint off school means a welcome chance to spend even more time with their games console, phone, tablet or smart TV. So whether your children are likely to be scrolling on Snapchat, nestling in front of Netflix or frying foes on Fortnite, we've put together some top tips to help you keep them safe online this holiday.

THERE'S NO NETWORK LIKE HOME

Teenagers, especially, tend to be delighted to find that a coffee shop, restaurant or shopping centre offers free WiFi. These public networks are much less secure than home WiFi, though, so discourage your child from making online purchases or entering personal details when out and about.

LIGHTS OUT, SCREENS OFF

This is a golden rule: try to limit how much screen time your child has towards end of the day. Staring at the screen of a phone or tablet for too long before bed severely impacts a child's quality of sleep – which can play havoc with their concentration, mood and energy levels the next day.

FOCUS ON FACTS

The internet is phenomenal at spreading gossip. When children of certain ages aren't in daily contact at school, the digital rumour mill can go into overdrive. Remind your child not to believe everything they're told online – especially if the person involved isn't around to provide their side of the story.

KEEP TALKING

It sounds blindingly obvious, but having regular chats with your child about who they're talking to online, what games and apps they're using and what shows they're streaming is a huge benefit. It doesn't have to be every day or even every week, but it can signal potential issues well in advance.

PRIVATE INFO STAYS PRIVATE

It's worth checking your child's social media or gaming profiles occasionally to make sure they aren't inadvertently giving away too much information. Details such as their full name, address or where they go to school could all be used to track them down by individuals with sinister intentions.

LIMIT SOCIAL AUDIENCES

When they're old enough, young people love to broadcast their summer holiday highlights all over social media. The unfortunate truth, however, is that we don't always know who might be viewing this content. Check the settings to ensure that only friends and family can see your child's posts.

DEMONSTRATE GOOD HABITS

Children often learn their digital behaviour from watching the grown-ups around them. So make sure your child observes you being positive and supportive on social media, for example – and, especially, sees that you know when it's time to switch the screen off, even though you're having fun.

WATCH FOR EXCESSIVE GAMING

With no school, children often take every opportunity to fit in 'just one more go' on their favourite game – sometimes at the cost of their daily routine, or having family time. A little extra gaming is to be expected in the holidays, but it could become problematic if it evolves into a recurring habit.

IT'S 'THE GREAT OUTDOORS' FOR A REASON

For most northern hemisphere-dwellers, this time of year is a rare opportunity to enjoy the outside world in pleasant weather. Remind your child how amazing it is to feel the sun on their back and fresh air in their lungs: Disney+ and Minecraft will still be there on drizzly Sundays in October.



**National
Online
Safety®**

#WakeUpWednesday

Safeguarding

As we head off into the summer holidays, our safeguarding focus this week is to how to continue to keep our learners safe online. Check out the poster above for some useful tips!